



WHAT'S YOUR ENERGY SCORE?

Find out what impact you have on the environment. Check off your energy habits (be honest!). Then add up your score.

1. I turn off the lights when I leave a room.

2. I turn off my computer, TV, and video game system when I am done using them.

3. I unplug my chargers when I am not using them.

4. I use LED lightbulbs instead of traditional lightbulbs.

5. I put on a sweater instead of turning up the heat.

6. I turn off the air conditioner or heat when the weather is nice.

7. I take short showers, using warm (not hot) water.

8. I turn off the water when I am brushing my teeth.

9. I walk, ride my bike, or take the subway or bus to school instead of riding in a car.

10. I recycle what I can and reuse items instead of throwing them out.

	ALWAYS	SOMETIMES	NEVER
1. I turn off the lights when I leave a room.	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1
2. I turn off my computer, TV, and video game system when I am done using them.	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1
3. I unplug my chargers when I am not using them.	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1
4. I use LED lightbulbs instead of traditional lightbulbs.	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1
5. I put on a sweater instead of turning up the heat.	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1
6. I turn off the air conditioner or heat when the weather is nice.	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1
7. I take short showers, using warm (not hot) water.	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1
8. I turn off the water when I am brushing my teeth.	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1
9. I walk, ride my bike, or take the subway or bus to school instead of riding in a car.	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1
10. I recycle what I can and reuse items instead of throwing them out.	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1
Add totals for each column here:			

HOW DOES YOUR SCORE ADD UP?

- 1–10 pts I've got room to improve.

- 11–15 pts I'm keeping my cool.

- 16–20 pts I've got the power (and I'm saving it).

- 21–25 pts I'm on my way to being more green.

- 26–30 pts I'm a Power of Green Energy Saver.

Calculate total score here:

Name _____

Date _____